



**DRA**™

**New Meeting!**  
**Dual Recovery Anonymous**

Day:

Time:

Location:

Contact:

**Dual Recovery Anonymous** is a 12 Step self-help program that is based on the principals of the Twelve Steps and the experiences of men and women in recovery with a dual diagnosis. The DRA program helps us recover from both our chemical dependency and our emotional or psychiatric illness by focusing on relapse prevention and actively improving the quality of our lives. In a community of mutual support, we learn to avoid the risks that lead back to alcohol and drug use as well as reducing the symptoms of our emotional or psychiatric illness.

There are only two requirements for membership:

- A desire to stop using alcohol or other intoxicating drugs.
- A desire to manage our emotional or psychiatric illness in a healthy and constructive way.

Dual Recovery Anonymous on the net, <http://draonline.org>